



BELONG | BELIEVE | STRIVE | ACHIEVE

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Ref: LM/JaD

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Dear Parent / Carer

Year 9 Physical, Social and Health Education Sessions

As part of our PSHE (Physical, Social and Health Education) provision at Gloucester Academy, sessions on various topics including Health and Wellbeing, Living in the Wider World and Relationships are delivered during morning tutor time.

PSHE is a very important aspect of every child's education and these sessions provide a chance for us to educate students regarding many important social, moral and personal matters that may not form part of the normal school curriculum.

You may be aware that sometimes we need to discuss quite sensitive issues with students in PSHE. This term, Year 9 students will be learning about body image and the effect of the social media on our perception of body image. This may lead to discussions around Body Dysmorphic Disorder (BDD), where an individual feels that some aspect of one's own body part or appearance is flawed.

If you have any concerns, or if you would like further clarification on these sessions, please feel free to contact me by telephone via our Reception Team on 01452 428800, or email me directly at Lmilne@gloucesteracademy.com.

If students are affected by any of the content and need to speak to someone on a one-to-one basis, please encourage them to speak to their tutor, Head of Year or myself.

Thank you for your support.

Yours sincerely

Louise Milne
Assistant Principal

